

# Melton Neighbourhood Mental Health Café

Drop in support for when you're struggling to cope

Mondays, 10am - 1pm  
Thursdays, 5pm - 8pm

Age UK Leicester Shire & Rutland, Gloucester  
House, 3 Norman Way, Melton Mowbray,  
Leicestershire, LE13 1JE

Phone: 07486 594 363

For up to date times/dates, scan the QR Code

Neighbourhood  
Mental Health  
Cafés

